



Breaking the Cycle

Creating a Caring and Resilient Blackburn with Darwen

BwD Healthy Living is looking for residents to join in a 9 week project starting in April 2021 with the aim of creating a more caring, nurturing and connected community in Blackburn with Darwen.

There will be guest speakers at each session and residents will work together to develop a set of recommendations.

A £25 Mall voucher is available for all members completing the 9 week project.

If you are interested in taking part, please
Contact: **BwD Healthy Living on 01254
292650 or email Dilwara at d.ali@bwdhl.org.uk**

