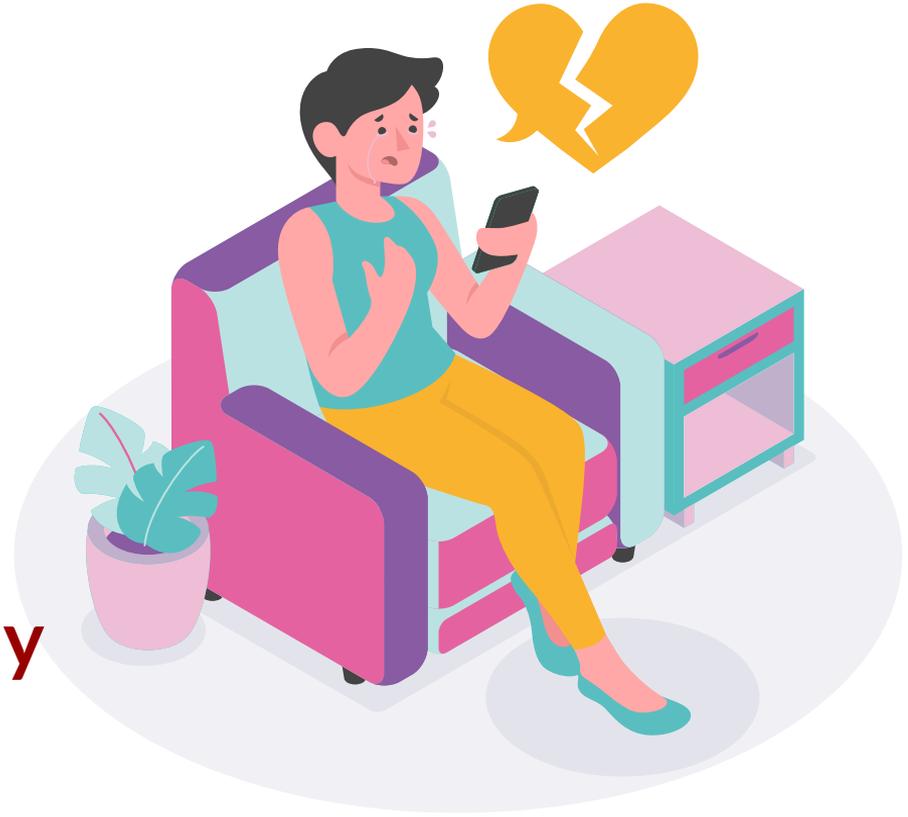




Services for Students

Wellbeing Courses

Witton Park Academy



Overview

In order to complement the Academic Tuition programme and provide some much needed support for those students who have found engaging with remote learning really difficult - we are offering a range of Services for Students including specifically designed and bespoke training courses that can help support student wellbeing.

There are 3 training courses that are on offer:

1. Navigate
2. Discover
3. Create

Each course offers something different for our students to help support them as they return to education and deal with the losses that they have experienced as a consequence of not being in school.

The courses are created around the “levers” described in the leading research *Think Piece ‘A Recovery Curriculum’*

Witton Park Academy





Training Courses in more detail.



Navigate

Students struggling to see why education matters...

Supporting students to find their way back into education, the course addresses social challenges and disengagement and aims to make education meaningful again. Lots of work around aspirations, mindset and resilience.

Discover

Students struggling to manage emotions or self care...

Holistic and caring pathway - focused on emotional well being, dealing with loss and grief and strategies to support significant traumas. This is for students who show that they are struggling to cope, have taken on added responsibilities and for those who need emotional support.

Create

Students who would benefit from time, care and attention...

Using approaches such as art and music therapy, positive journaling and other creative/expressive outlets to provide a cathartic channel for students to recover and re-integrate. Aimed at students who are managing but need a "boost" and a reminder that they matter and we care.



“Our quest, our mission as educators, should be to journey with each child through a process of re-engagement, which leads them back to their rightful status as a fully engaged, authentic learner”

Think Piece 'Recovery Curriculum' 2020



**To make a request for your son
or daughter to be assessed for a
place on a Wellbeing Pathway
please contact
vwhiting@wittonpark.org.uk**